



Going home checklist

Patient**First**

We want your move from hospital to home to go as smoothly as possible.

Before leaving hospital, make sure your doctor or nurse has given you:

- a discharge letter about your diagnosis and treatment to discuss with your local Doctor (GP or care coordinator) at home
- a list of your medicines to help you manage your medicines at home
- information about how to care for any surgical wounds, drains or how to use any equipment e.g. crutches
- advice about any more tests you might need
- details of when you will need to see your Doctor
- information about any exercises you might need to continue at home
- all your personal items back
- nicotine patches and advice on quitting smoking, if you were a smoker before coming into hospital
- a signed Patient Assisted Travel Scheme (PATS) form (*country patients*)
- information about special needs at home such as hand rails, wheel chair, what to eat

Also check that your healthcare team has:

- kept your carer up to date
- confirmed your transport home

Artwork by the Yiriman Women



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